

Adult Protection Newsletter (10)



Training



Training dates for November & December are now live on TURAS

Important Info - We now request that you complete a booking form for level 1 & 2, Please see Turas for suitable dates, complete the form and send it to nhshighland.asptraining@nhs.scot

You can find the booking form here [training-booking-form-highland-asp.docx \(live.com\)](#)

Level 1 Training

Please note this training is intended for the following staff groups – Please ensure you are booking the correct training course:

- NHS Band 1-3
- Highland council Grade 1-4 or equivalent for other organisations

Job roles may include for example - Social Care Assistants, Healthcare Assistants, Social Care Workers, Domestic Staff in hospitals / care facilities, Care at Home Workers, Emergency Services workers

If you are NHS Band 4+ you are NOT required to book a level 1 course prior to attending Level 2 training

Level 2 Training

Please note this training is intended for the following staff groups – Please ensure you are booking the correct training course:

- NHS Band 4+
- Highland Council Grade 5 + or equivalent for other organisations

Job roles may include for example - Nursing or Midwifery Staff; OTs; Physiotherapists or other Allied Health Professionals; Managers, Team Leaders or “Senior” roles; Social Workers or Social Work Assistants; GPs, Dentists or other Medical professionals; Advocacy workers; Fire Service (role dependent).

If your job is within the criteria above, you are **NOT** required to complete the trainer led level 1 course before attending, please complete the NES Adult support and protection : practice level 1 [informed] E-Module (on TURAS).

Level 3 - Council Officer/Nominated Officer -

This level is for the following groups: Council Officers (or social workers with 1 year of practice experience looking to undertake CO role), Nominated Officers (or those wishing to undertake NO role as outlined in interagency procedures).

If you or any of your team require the specialist Council Officer/Nominated Officer Training please email nhshighland.asptraining@nhs.scot to book a slot. (Slots for this training are ADMIN ONLY)

If you require further information please email us nhshighland.asptraining@nhs.scot

Please ensure you check the training pathway and book the appropriate course for your grade, you will find the pathway here - [asp-training-pathway-final.pdf \(scot.nhs.uk\)](#)

Please be mindful if you have a space on training and can not make it please let us know at the earliest time to allow us to allocate the space to someone else.



****REMINDER****

Is your training up to date or due soon for renewal? Please ensure you are adequately trained to complete your role safely & effectively.

Highland Learning & Development Toolkit - Safeguarding



We are delighted to share with you our new Safeguarding Training Toolkit - This toolkit has been developed to draw your attention to the training that is available locally and nationally in regards to safeguarding both children and adults, it is a handy one stop document to guide for all! Please share with all your colleagues

If you are aware of any other training/ resources that you think would be suitable to be included please just drop us an email and we will add it to the toolkit.

[highland-learning-and-development-toolkit-1.pdf \(scot.nhs.uk\)](https://scot.nhs.uk/highland-learning-and-development-toolkit-1.pdf)

Missing People Multi Agency Development Session



This will be our 2nd Multi Agency Development Session; This session will focus on Missing People, We will hear from Emma Wynack, Missing People Scotland and also Police Scotland and the Adult Social Care Partnership.

7th November 1.30-3.30pm approx.

We have recently been working in partnership with Missing People to develop a Missing Person's protocol for the highland region. Missing People were founded in 1993 by sisters Mary Asprey OBE and Janet Newman OBE, Missing People is a UK charity that provides specialist support to people who are missing or at risk of missing, and the families and friends left behind.

Missing People is a national charity that exists to ease the heartache experienced by those missing someone, and to help people who are away from home, find their way back to safety. **Website:** [Home - Missing People](#)

This session will be in Two parts:

First part of the session will be from Emma Wynack, Senior National Coordinator, Scotland from Missing people will come along and talk about the risk factors, support available before and after people go missing, information sharing and trauma informed practice in relation to missing people.

The Second part of the session will be discussion/awareness session around local Highland protocols and procedures around missing people - this will be delivered by:

DC Craig Barron, Missing Person Coordinator

Molly Gilbert, Adult Protection Principal Officer

Target Audience: This awareness session is open to anyone who may be working with vulnerable adults who would be key in supporting an adult before or after they go missing. Spaces will be limited for this session

How to Book: To book your place please email: nhshighland.asptraining@nhs.scot

Your attendance for this session will be recorded via TURAS and will contribute to your CPD

Keep an eye out in our newsletter for upcoming Multi Agency Development Sessions :)

Non Council Officer - Update

The Adult Support and Protection (Scotland) Act 2007 (the Act) revised Codes of Practice (COP) indicate that an inquiry can be undertaken by a non-Council Officer, unless there is a need to use investigative powers.

The COP stipulates that 'Good practice would ensure that a Council Officer is involved in overseeing or supervising all activity relating to the Act' (Pg. 48, ASP Code of Practice). For more information on the Non Council Officers role in the inquiry please see the following document:-

[Document: Oversight Of Non Council Officers Guidance](#)

Adult Protection Awareness





Molly & Eilidh attended the Vision event on Friday 30th of April at Inverness Leisure Centre. We met lots of different people - parents, carers and professionals. We had a great day of networking and sharing awareness of Adult Protection and our training opportunities. Keep your eyes peeled for our new ASP pop up in a location near you (its going on a solo tour of the Highlands)!

If you have any events and would like us to come along, please get in touch :)

Self-Harm Awareness Training (Free)



1-hour Self-Harm Awareness Session

This session is for anyone who is interested in learning more about self-harm. It is delivered in a webinar/seminar style with a presentation and time at the end for questions. The topics covered in this session include:

- What is self-harm?
- Who self-harms?
- How do people self-harm?
- Functions of self-harm
- Starting the conversation about self-harm
- Resources and support available

3-hour Self-Harm Awareness: Understanding and supporting people who self-harm

This session will dive deeper into the underlying reasons for self-harm and will give more in-depth detail on how we can support someone who self-harms, including information about harm minimisation, and a deeper look at our resources and support services. This session includes some group activities and discussions, allowing for a deeper understanding of self-harm. The 3-hour session includes all the topics from the 1-hour session, plus the following topics:

- Underlying causes of self-harm
- The cycle of self-harm
- The Time Space Compassion principles
- Harm minimisation

To Book a space - [Self-Harm Network Scotland Events - 13 Upcoming Activities and Tickets | Eventbrite](#)

ASPIRE Hub



The Hub is a place for everyone working in Adult Support and Protection in Scotland to access and share resources. It is regularly updated and they welcome feedback and new additions!

You can find resources such as:

Risk assessments

Learning Reviews

Chronologies

Participation

National guidance & Frameworks

Forms

And much more!

[ASPIRE categories | Iriss](#)

Do you have anything that could be shared? Get in touch with us and we can do this for you! :)

Rethink Dementia Campaign

RETHINK DEMENTIA

Today marks the launch of the new 'Rethink Dementia' campaign, in partnership with COSLA.

The campaign encourages people to 'Rethink Dementia' as **evidence shows social contact can help alleviate some symptoms commonly associated with dementia and help them stay well for longer**. By maintaining contact with friends or loved ones living with a dementia diagnosis and doing the things we've always done with them, we can all make a difference.

This important campaign was developed in collaboration with a National Lived Experience Panel and in response to insight that shows many people associate dementia primarily with its later stages. Also, there is a lack of understanding that it is a progressive disease and that in the earlier stages particularly, people can live independent, fulfilling lives.

Rethink Dementia will run on TV, cinema, outdoor, press, digital and radio for five weeks. The campaign will target 30-60 years olds living in Scotland, however it is relevant to everyone - younger or older.

Key Messages

- When a friend or relative is diagnosed with dementia it's natural not to know what to do, but helping someone stay connected, socially active, and doing many of the things you've always done together, can help them stay well for longer.
- Making an effort to maintain social contact can help alleviate symptoms of depression, agitation, sleep disturbance, anxiety and apathy that often come with dementia.
- Reducing these symptoms could help improve their wellbeing.
- For more information visit nhsinform.scot/RethinkDementia

Help Us Spread the Word

We would be delighted if you can support the campaign through your channels to help extend the reach of 'Rethink Dementia'. The following assets are available in the toolkit or can be downloaded from the resource centre. Please use **#RethinkDementia** when sharing on social channels.

- [Stakeholder Toolkit](#) - includes social media, website and newsletter copy
- [Campaign film](#)
- [Real stories / case studies \(including two films\)](#)
- [Clinician film](#)

- [A3 and A4 Posters x 3](#)
- [Leaflet](#)
- [Public information screen assets x 3](#)
- [BSL resources](#)
- [Translated and alternative format resources](#)

Other Useful Info/Links

[Adult Unpaid Carer Wellbeing Toolkit](#)

[New HVAWP webpage](#)

[Next Chapter Scotland](#)

[Suicide thoughts and behaviour - later in life](#)

[Ellie Atkins Video's](#)

[Undue Pressure Video - ASPIre](#)

Contact the Team



Molly Gilbert Principal Officer: Adult Protection molly.gilbert@nhs.scot

Eilidh Smith: Adult Protection Training Officer eilidh.smith7@nhs.scot

Training Inbox: nhshighland.asptraining@nhs.scot

ASP Website: [Adult support and protection | NHS Highland \(scot.nhs.uk\)](https://scot.nhs.uk/adult-support-and-protection)

ASP Professionals Website [Adult protection | NHS Highland \(scot.nhs.uk\)](https://scot.nhs.uk/adult-protection)

Adult Protection Training Website [ASP training | NHS Highland \(scot.nhs.uk\)](https://scot.nhs.uk/asp-training)