

TIPS TO ENCOURGE
YOUR CHILD TO WEAR
THEIR EYE PATCH



Be **ENCOURAGING** - make it fun for your child to wear their patch if they are initially reluctant to wear it.

Be **PATIENT**

Be **PERSISTENT**- maybe think about rewards charts/treats for your child if they are struggling.



Ask for **HELP** from others- speak to their school teacher/nursery teacher to ensure they are wearing their patch at the asked times. There may patches.

CONTACT US:

TELEPHONE: 01463 706331

ADDRESS:

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Inverness
IV2 5NA

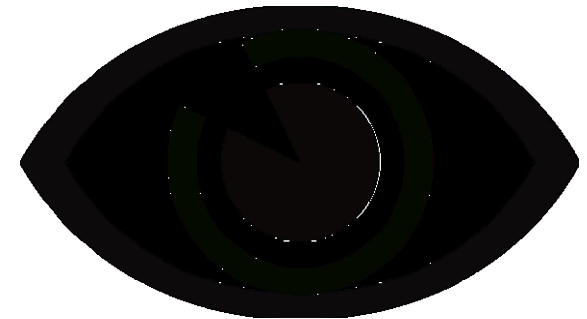
At times the telephone may be in use or on an answer phone. Please leave a message including your name, your child name and their date of birth. One of the team will get back to you as soon as possible.

Please note the number from the department will appear as an 0800/ withheld number on your phone/mobile.

ORTHOPTIST NAME _____



LAZY EYE



**THIS LEAFLET IS DESIGNED TO
ANSWER SOME COMMON
QUESTIONS**



WHAT IS A LAZY EYE?

A lazy eye, or AMBLYOPIA, occurs when the sight of one eye is underdeveloped causing reduced vision.

WHAT CAUSES AMBLYOPIA?

One eye is being more long or short sighted than the other is the most common reason for one eye to be amblyopic but it can also occur when there is a squint.

HOW DO WE TREAT AMBLYOPIA?

Amblyopia can be treated with glasses and patching. Glasses help by letting the eye focus properly but patching (occlusion) may also be needed.

HOW DOES THE PATCHING HELP MY CHILD'S SIGHT?

The sight will improve if the child uses the eye more, since it is a lack of use which has caused it to be lazy. By covering the better eye, we force the lazy eye to work harder.

DOES MY CHILD STILL HAVE TO WEAR THEIR GLASSES?

Yes, it is very important for your child to wear their glasses when the patch is on.



CAN THE PATCH BE WORN OVER THE GLASSES?

If the patch is a sticky patch then it should be worn directly on the face over the good eye with the glasses on top. Some fabric patches are designed to be worn on the glasses. Your Orthoptist will recommend the best type for your child.



WHAT SHOULD MY CHILD DO WHEN WEARING THE PATCH/HAVE THE DROP INSTILLED?

Reading, drawing or playing with small toys are the best activities to encourage the eye to work harder. If your child's sight is very poor, it is better to play with things that are big and bright so they can see them more clearly.

HOW MUCH OCCLUSION WILL MY CHILD NEED?

This varies from child to child and depends on their age and how long the eye has been lazy. The Orthoptist will see you regularly to monitor progress and will develop a treatment plan to suit you and the visual needs of your child.



DOES PATCHING REALLY WORK?

Occlusion will only work if your child wears the patch as instructed. If started at an early age, occlusion is usually successful. Patching will only help your child vision and will not improve the

squint. Squints are treated by glasses and/or surgery.

WILL IT GET BETTER ON ITS OWN?

No. If left untreated, the vision may get worse and the child will have permanently damaged sight which cannot be corrected when the child is older.

ARE THERE ANY OTHER OPTIONS FOR OCCLUSION?

There is an alternative to patching using eye drops called Atropine. Putting a drop in the good eye blurs the vision which forces the brain to use the bad eye. The Orthoptist will discuss this with you if appropriate.

All treatment for lazy eye involves covering or blurring the good eye to force the lazy eye to work harder. There are no operations to cure a lazy eye.

HOW CAN I FIND OUT MORE ABOUT PATCHING/EYE DROPS?

The Orthoptist involved in your child's treatment will be able to answer any specific questions you may have.



Your Orthoptist will discuss the best treatment plan for your child. Please note if eye drops are chosen, more information will be given.