

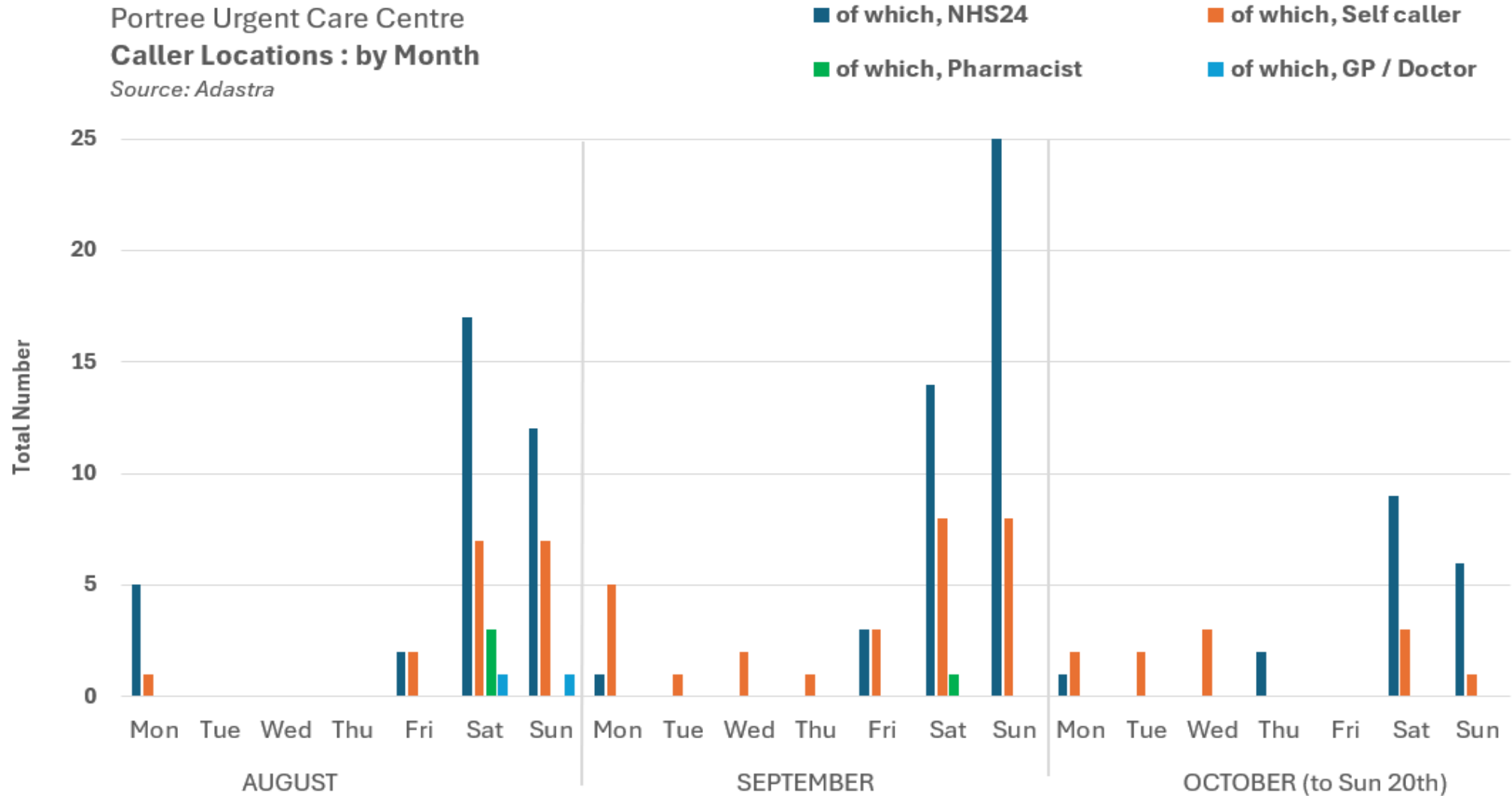
# SLR Recommendations Urgent Care Model

October 2024

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# Portree Urgent Care Centre : Relationship to Caller

Thursday 1st August to Sunday 20th October 2024

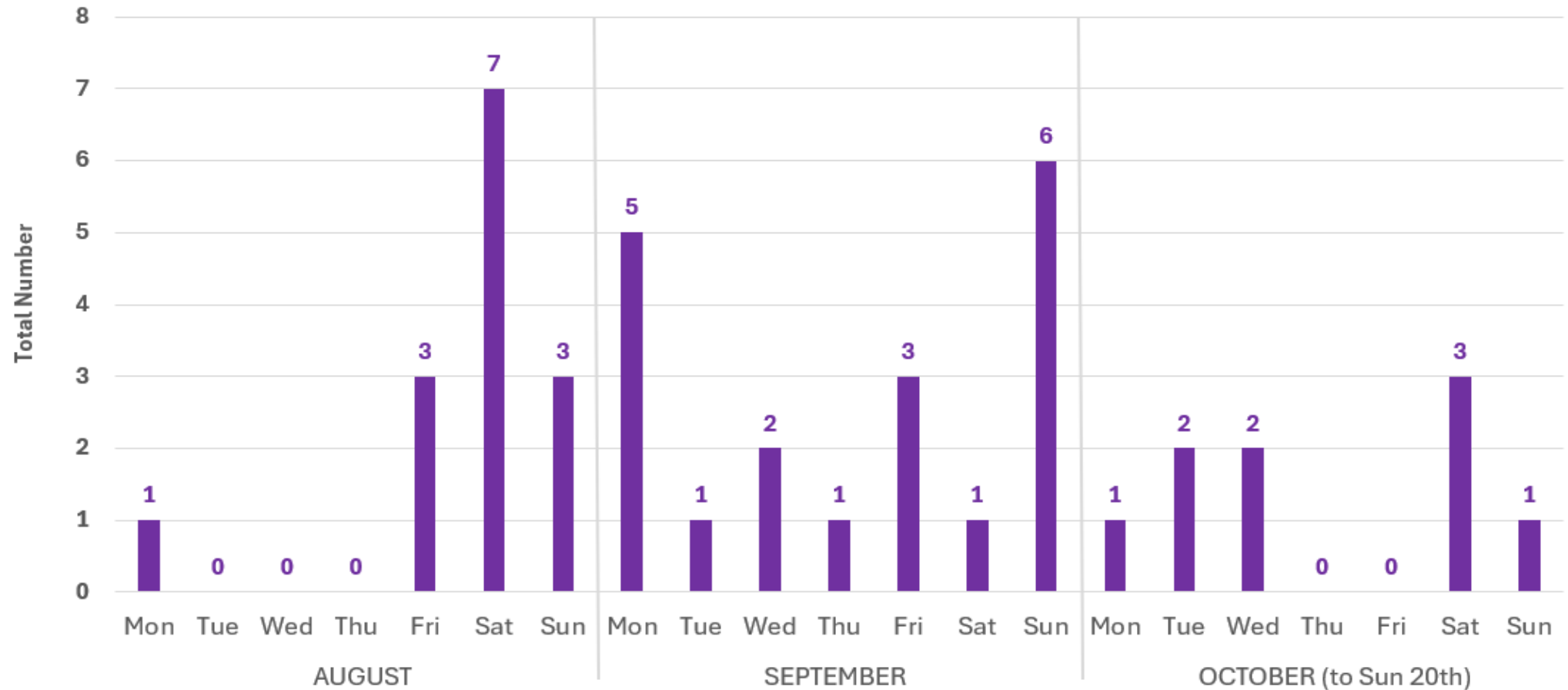


# Portree Urgent Care Centre : Self Presentations

Thursday 1st August to Sunday 20th October 2024

Portree Urgent Care Centre  
ED / MIU Walk In : by Month

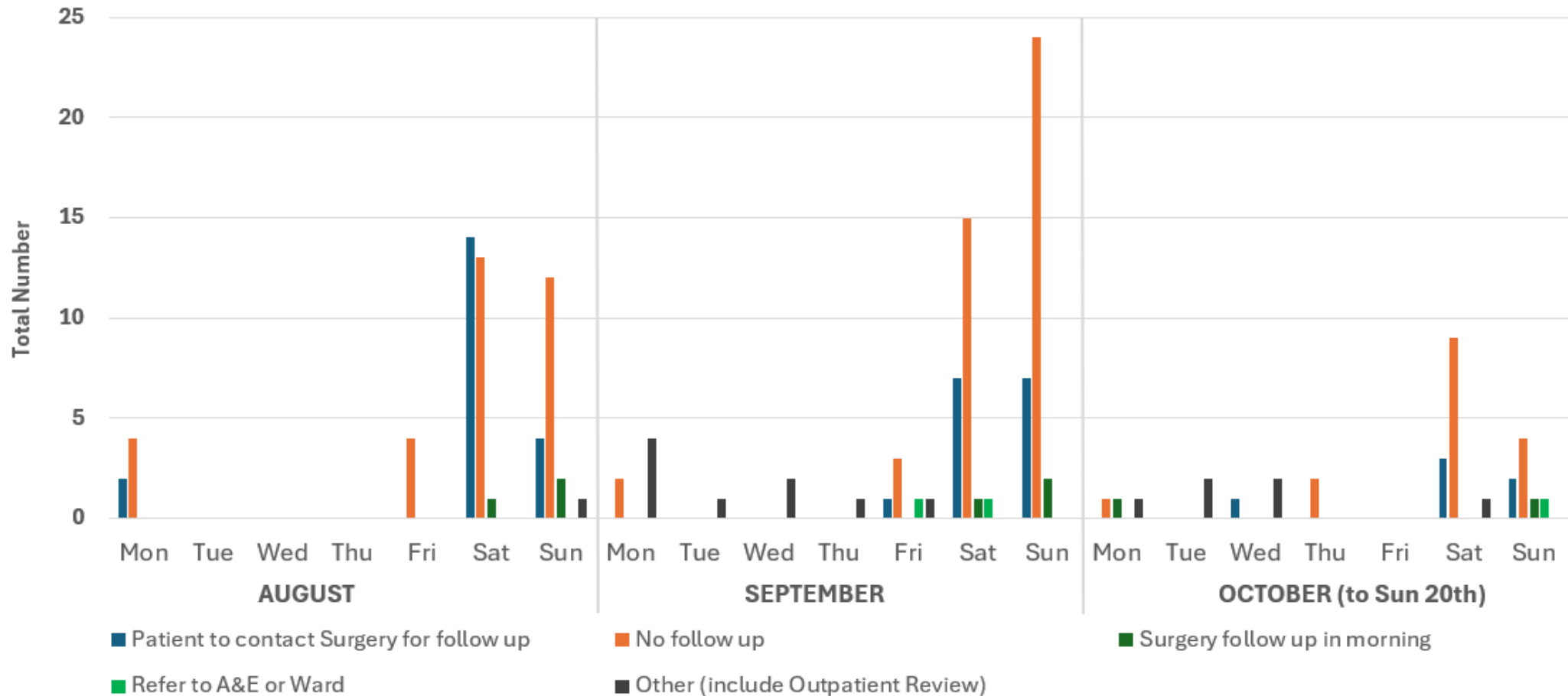
Source: Adastra



# Portree Urgent Care Centre : Outcome of Appointment

## Thursday 1st August to Sunday 20th October 2024

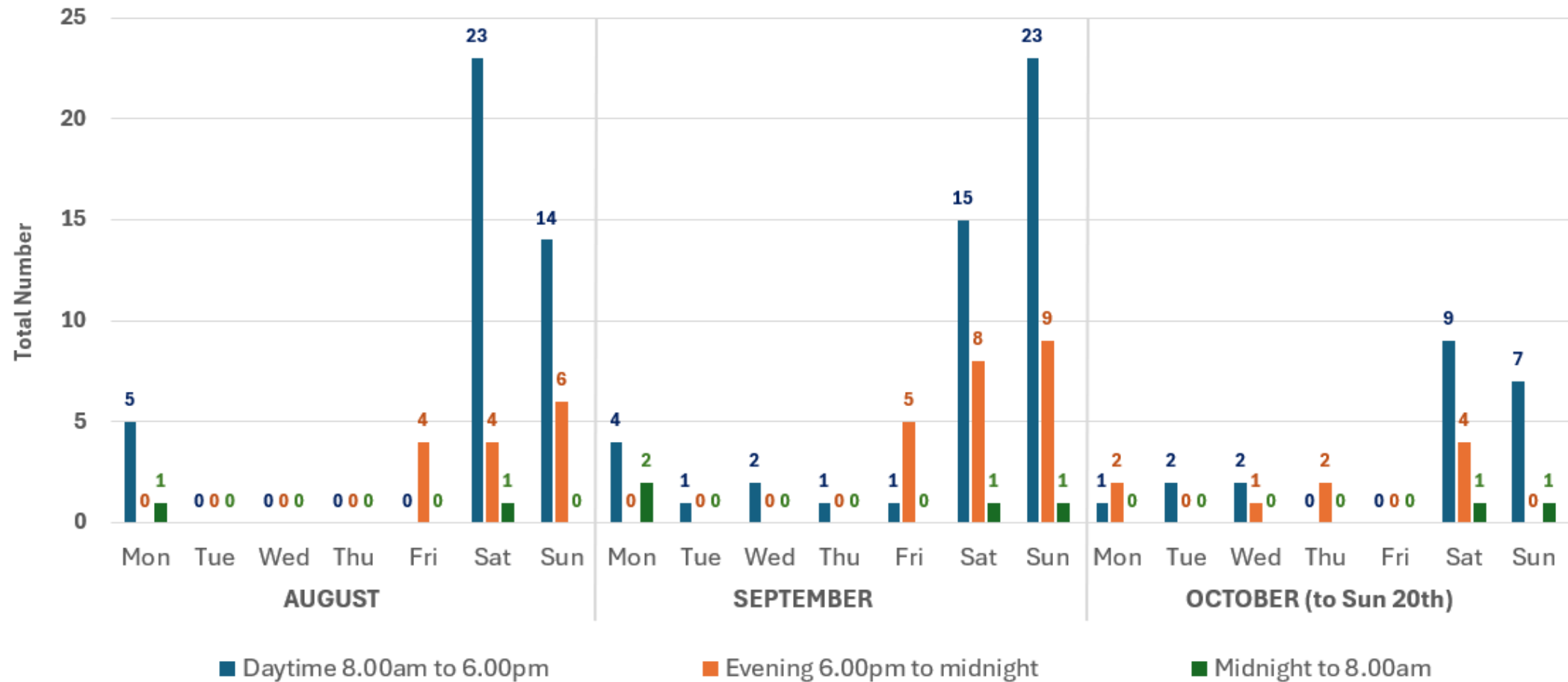
Portree Urgent Care Centre  
**Outcome for the Caller / Patient : by Month**  
 Source: Adastra



# Portree Urgent Care Centre : Patient Totals by Time Band

## Thursday 1st August to Sunday 20th October 2024

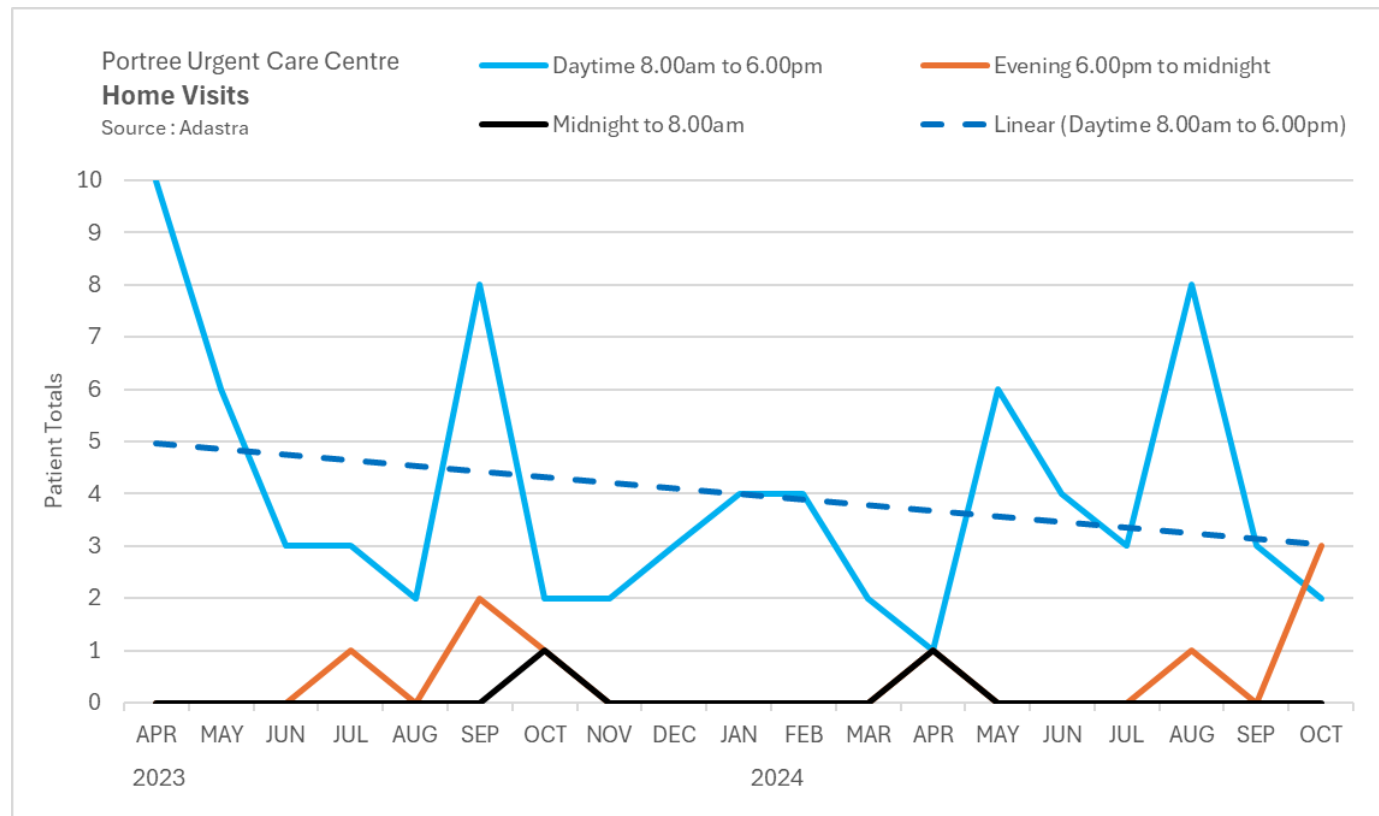
Portree Urgent Care Centre  
 Monthly Patient Totals by Time Bands  
 Source: Adastra



# Portree Urgent Care Centre : Home Visits in North Skye

## Thursday 1st August to Sunday 20th October 2024

Portree Urgent Care Centre	2023										2024										To date	TOTAL
	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT			
Home Visit	10	6	3	4	2	10	4	2	3	4	4	2	3	6	4	3	9	3	5	<b>87</b>		
Daytime 8.00am to 6.00pm	10	6	3	3	2	8	2	2	3	4	4	2	1	6	4	3	8	3	2	<b>76</b>		
Evening 6.00pm to midnight	0	0	0	1	0	2	1	0	0	0	0	0	1	0	0	0	1	0	3	<b>9</b>		
Midnight to 8.00am	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	<b>2</b>		



## Where to find the right help



## North Skye



- Suspected heart attack or stroke
- Breathing difficulties
- Severe bleeding
- Suspected broken bones and fractures

### 999 or A&E

Broadford Hospital  
IV49 9AA  
Open 24/7



NHS 24's health information service includes self-help guides for a range of common conditions. When your GP and local pharmacy are closed and you are too ill to wait, call 111.

### NHS 24 / 111

Open 24/7  
Dial 111



- Coughs and colds / Sore throat
- Diarrhoea or constipation
- Indigestion
- Aches and pains
- Help if you run out of your repeat prescription

### Pharmacist

Boots - Portree  
9am-5.30pm Mon-Sat  
Sun - Closed  
01478 612100



- Breathing Space **0800 83 85 87** [breathingspace.scot](http://breathingspace.scot)
- Samaritans 116 123 [www.samaritans.org](http://www.samaritans.org)
- Call 111 - NHS 24 have dedicated Mental Health Nurses available to provide support

### Breathing

### Space

Mental Well-being



- Tooth pain
- Swelling to your mouth
- Painful or bleeding gums
- Injury to your mouth
- Advice on oral hygiene

### Dentist

Emergency Dental line 08001412362  
Portree Dentist 01478 614 218  
Dunvegan 01470 521 774



A range of clinicians, including doctors and nurses to help you with both physical and mental health issues

### GP Surgery

Portree 01478 612 013  
Dunvegan 01470 521 203  
Carbost 01478 640202



- Red or sticky eye
- Pain in or around your eye
- Blurred or reduced vision
- Flashes and floaters

### Portree Optometrist

9am-5.30pm (Closed for lunch 1-2)  
Phone to book  
01478 612 644



For when your GP and local pharmacy are closed and you are too ill to wait, call 111 to access.  
Cuts and minor burns  
Sprains and strains

### Portree Urgent Care

By appointment  
Dial 111